



Dear Parents,

At Preston Hedge's Primary School, the well-being of our pupils is our highest priority and we promote this through our Well-being curriculum which supports our children to live healthy, happy lives, whilst developing their resilience and empathy towards others.

From the summer term this year, the Department for Education has made Relationships and Health Education a compulsory requirement for primary schools in England. Changes have been made to the curriculum to reflect the changes in modern Britain and ensure that the content is relevant to your child. The aim is to ensure that the children have the knowledge, skills and attributes to make informed decisions about their well-being, health and relationships for their future.

Relationships Education will contribute to our existing Well-being curriculum. The new guidance focuses on healthy relationships and keeping children safe in the modern world. It will cover:

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

As you may already be aware, online relationships are already addressed through our online safety curriculum which we focus on regularly with the children to ensure they are aware of any potential risks.

Health Education is already a fundamental part of our Well-Being Curriculum; however we have now added in the additional elements which are outlined below:

- Facts and risks associated with drugs, alcohol and tobacco (taught through the Life Education Bus for Y5 & 6)
- Health and Prevention
- Changing adolescent body (taught through the Life Education Bus for Y5 & 6)

As a Trust, we have broken down the content we are required to cover into objectives appropriate for each year group. Schools are required to teach Relationships and Health Education to all pupils this summer term. This is compulsory for all children, therefore parents are not able to withdraw their children from the learning.



National Support School
designated by



National College for
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For further information regarding the changes to the curriculum, please see the attached document provided by the Department for Education. In addition, statutory guidance can also be found at: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>.

We would like the opportunity to share the curriculum content with you through a consultation evening to provide further detail and answer any questions that you may have. We will be holding a consultation evening via zoom on Tuesday 23rd March 2021 at 7pm. If you would like to attend the evening, please email: jay.upton@prestonhedges.org

Finally, if you have any questions, please do not hesitate to contact myself or a member of the team.

Thank you for your continued support.

Best wishes,

Tracey Coles



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